



# ASIA/WEST PACIFIC REGIONAL GATHERING

## 2012 PROGRAM

Saturday 14 <sup>th</sup> January 2012			
Time	Room 1 (Games Room)	Room 2 (Small Lounge)	Room 3 (Computer Lab)
1.00 – 2.00pm	Delegate Registration		
2.00 – 4.00 pm	<b>Opening Plenary Session</b> <ul style="list-style-type: none"> <li>• Acknowledgement of Country</li> <li>• Opening Circle</li> <li>• International Round-up (John, Katherine &amp; Sally)</li> <li>• Regional Gathering Housekeeping</li> </ul> <p><i>Host: AVP-WA/ Anna Alderson</i></p>		
4.00 – 5.00 pm	Afternoon Tea & Sharing		
5.00 – 6.00pm	Free Time (Pool open 5-6pm only)		
6.00 – 7.00 pm	Shared Evening meal (AVP-WA to provide)		
7.00 – 9.30pm	<b>Evening Plenary</b> <p><b>'Welcome Celebration'</b></p> <ul style="list-style-type: none"> <li>▪ <b>Gathering Circle - 'Tell me a story'</b> <i>Host: AVP-WA/ Jim Thom</i></li> <li>▪ <b>Circle Dances</b> <i>Host: AVP-WA/Anna, Selene &amp; Jo</i></li> </ul>		
9.30pm	CLOSE		



## Sunday 15<sup>th</sup> January 2012

Time	Room 1	Room 2	Room 3
8.30am	Delegate Registration & coffee		
9.00 – 10.30am	<p><b>Morning Plenary Session</b></p> <ul style="list-style-type: none"> <li>• Acknowledgement of Country</li> <li>• Regional Gathering Housekeeping</li> <li>• Regional Round up (Karen, Sally &amp; other regional group members)               <ul style="list-style-type: none"> <li>○ An Afghan Story: AVP-Tasmania/ Rosemary Epps</li> <li>○ An Indonesian Story : AVP-Indonesian/ Nadine Hoover</li> </ul> </li> </ul> <p><i>Host: AVP-WA / Sally Herzeld</i></p>		
10.30 – 11.00 am	Morning Tea		
11.00 – 12.30 pm	<p><b>Stream 1</b></p> <p><b>‘Aboriginal AVP - Part 1’</b></p> <p><i>Host: AVP-WA/ Sally &amp; Wes Ford plus Aboriginal facilitators</i></p>	<p><b>Stream 2</b></p> <p><b>‘What is AVP’</b></p> <ul style="list-style-type: none"> <li>• Introduction to AVP</li> </ul> <p><i>Host: AVP-Sydney</i></p>	<p><b>Stream 3</b></p> <p><i>This space free for additional workshops to be held</i></p>
12.30 – 1.30pm	<b>LUNCH</b>		
1.30 – 3.00 pm	<p><b>Stream 1</b></p> <p><b>‘Aboriginal AVP – Part 2’</b></p> <p><i>Host: AVP-WA/ Sally &amp; Wes Ford plus Aboriginal facilitators</i></p>	<p><b>Stream 2</b></p> <p><b>‘Starting an AVP Group’</b></p> <p><i>Host: AVP-Tasmania/ Rosemary Epps AVP-Darwin/ Justine Mickle</i></p>	<p><b>Stream 3</b></p> <p><i>This space free for additional workshops to be held</i></p>
3.00 – 3.30pm	Afternoon Tea		
3.30 – 5.00pm	<p><b>Afternoon Plenary</b></p> <p><b>‘Collective Wisdom’</b></p> <ul style="list-style-type: none"> <li>• Using Wikispaces</li> <li>• Websites/ manuals</li> <li>• International Education Committee – Review of manuals &amp; update</li> </ul>		



	<i>Host: AVP-Sydney/ Malcolm &amp; Katherine Smith</i>		
5.00 – 7.30pm	<b>Free Time &amp; Evening Meal</b> (Pool open 5-6 pm only)		
7.30 – 9.00pm			
	<b>Evening Plenary</b> <ul style="list-style-type: none"> <li>▪ <b>'AVP-Australia Business Meeting'</b> <i>Host: AVP-Australia Network</i></li> <li>▪ <b>DVD – International Movies on the International Gathering 2011</b> <i>Host: AVP-Sydney/John Michaelis</i></li> </ul>		
9.30 pm	CLOSE		
<b>Monday 16<sup>th</sup> January 2012</b>			
<b>Time</b>	<b>Room 1</b>	<b>Room 2</b>	<b>Room 3</b>
8.30am	Delegate Registration & Coffee		
9.00am – 10.30am	<b>Stream 1</b>  <b>'AVP- Taster Sessions'</b> <ul style="list-style-type: none"> <li>• <i>i.e. Midnight Basketball</i></li> </ul> <i>AVP-WA/Sally</i>	<b>Stream 2</b>  <b>Introduction to an ADVANCED Topic Workshop : 'Shame'</b> <ul style="list-style-type: none"> <li>• max 20 participants</li> </ul> <i>AVP-HIP-Sydney /Julei Korner</i>	
10.30 – 11.00 am	<b>Morning Tea</b>		
11.00 – 12.30 pm	<b>Stream 1</b>  <b>'AVP &amp; Role Play'</b>  <i>AVP-Blue Mountains/ Sabine Erika</i>	<b>Stream 2 continued</b>  <b>Introduction to an ADVANCED Topic Workshop : 'Shame'</b>  <i>AVP-HIP Sydney/ Julei Korner</i>	
12.30 – 1.30pm	<b>LUNCH</b>		
1.30 – 3.00 pm	<b>Stream 1</b>  <b>'AVP – Youth &amp; the Journal Process'</b>	<b>Stream 2 continued</b>  <b>Introduction to an ADVANCED Topic</b>	



		<b>Workshop : 'Shame'</b> AVP-HIP Sydney/ Julei Korner	
	AVP-WA/ Olwyn Maddock		
3.00 – 3.30pm	<b>Afternoon Tea</b>		
3.30 – 5.00pm	<b>Stream 1</b>  <i>'My Transforming Power Story' – crafting your story</i>  AVP-WA/Peter Fry & Olwyn Maddock	<b>Stream 2 continued</b>  Introduction to an ADVANCED Topic <b>Workshop : 'Shame'</b>  AVP-HIP-Sydney/ Julei Korner	
5.00 – 7.30pm	<b>Free Time &amp; Evening Meal</b> (Pool open 5-6pm only)		
7.30 – 9.30 pm	<b>Evening Plenary</b>  <ul style="list-style-type: none"> <li>• Movie Night: DVD – Facing the Demons</li> <li>• Debrief</li> </ul> Host: AVP-WA/Olwyn Maddock		
9.30 pm	CLOSE		
<b>Tuesday 17<sup>th</sup> January 2012</b>			
<b>Time</b>	<b>Room 1</b>	<b>Room 2</b>	<b>Room 3</b>
8.30am	Delegate Registration & Coffee		
9.00am – 10.30am	<b>Morning Plenary</b>  <i>'Trauma Healing &amp; Developmental Play'</i>  AVP-Indonesia/Nadine Hoover		<b>Stream 3 (repeat)</b>  Introduction to an ADVANCED Topic <b>Workshop : 'Shame'</b> <ul style="list-style-type: none"> <li>• max 20 participants</li> </ul> AVP-HIP-Sydney /Julei Korner



10.30 – 11.00 am	<b>Morning Tea</b>		
11.00 – 12.30pm	<b>Stream 1</b>  <i>'Refugee Facilitation'</i>  <i>AVP-Darwin/ Justine Mickle</i>	<b>Stream 2</b>  <i>'A Cared Journey'</i>  <i>AVP-Blue Mountains/Sabine</i>	<b>Stream 3 (repeat)</b>  <b>Introduction to an ADVANCED Topic Workshop : 'Shame'</b>  <i>AVP-HIP-Sydney /Julei Korner</i>
12.30 – 1.30pm	<b>LUNCH</b>		
1.30 – 3.00 pm	<b>Stream 1</b> <b>'AVP &amp; New Ideas'</b> <ul style="list-style-type: none"> <li>• <i>Agendas &amp; promotional materials</i></li> <li>• <i>Exercises &amp; L &amp; L's</i></li> </ul> <i>AVP-WA/ Sally</i>	<b>Stream 2</b>  <b>'A Facilitators Journey'</b> <ul style="list-style-type: none"> <li>• <i>Advanced Facilitation Skills</i></li> </ul> <i>AVP-QLD/ Heather Millhouse</i>	<b>Stream 3 (repeat)</b>  <b>Introduction to an ADVANCED Topic Workshop : 'Shame'</b>  <i>AVP-HIP-Sydney /Julei Korner</i>
3.00 – 3.30pm	<b>Afternoon Tea</b>		
3.30 – 5.00 pm	<b>Afternoon Plenary Session</b>  <i>'Peace Crane Project'</i>  <i>Host: AVP-Darwin/Xavier</i>		<b>Stream 3 (repeat)</b>  <b>Introduction to an ADVANCED Topic Workshop : 'Shame'</b>  <i>AVP-HIP-Sydney /Julei Korner</i>
5.00 – 7.30pm	<b>Free Time &amp; Evening meal</b> (Pool open 5-6pm only)		
7.30 – 9.00pm	<b>Evening Plenary</b>  <b>'Celebration – Concert Evening'</b> <ul style="list-style-type: none"> <li>▪ <b>Please bring a performance piece (poem/limerick, song, story etc – all skill levels welcome &amp; encouraged)</b></li> <li>▪ <b>Host: AVP-WA/Peter Fry</b></li> </ul>		
9.30 pm	CLOSE		



## Wednesday 18<sup>th</sup> January 2012

Time	Room 1	Room 2	Room 3
8.30am	Delegate Registration & Coffee		
9.00am – 10.00 am	<b>Stream 1</b> <b>'AVP &amp; NVC'</b> <i>Host: AVP-WA/Anna &amp; Selene</i>	<b>Stream 2</b> <b>'Reaction vs. Response'</b> <i>Host: AVP-WA/Elizabeth B</i>	<b>Stream 3</b> <b>Trauma Healing Team Planning</b>
10.00 – 10.30 am	Morning Tea		
10.30 – 11.30 am	<b>Closing Plenary Session</b> <ul style="list-style-type: none"> <li>• <b>Regional Gathering Closing Circle</b> <i>AVP-WA/Jo Vallentine</i></li> <li>• <b>Closing Activity 'Hi Di Ho'</b> <i>Host: AVP-WA: Jim Thom</i></li> </ul>		
11.30 – 12.30pm	<b>LUNCH</b> <b>(Acacia participants to leave @ 12 noon)</b>		
<b>POST REGIONAL GATHERING PROGRAM (optional)</b>			
1.00 – 3.30pm	<b>Stream 1</b> <b>Acacia Prison Workshop</b> <ul style="list-style-type: none"> <li>• Travel to prison</li> <li>• Workshop</li> </ul> <i>AVP-WA/Sally Herzeld</i>	<b>Stream 2</b> Free time	<b>Stream 3</b> <b>Trauma Healing Team Planning</b>
5.00 – 7.00pm	<b>Free Time &amp; Evening meal</b> <b>(Pool open 5-6pm only)</b>		
7.00 – 9.00 pm	<b>An ADVANCED AVP Workshop :</b> <b>'Trauma &amp; Healing Workshop'</b> Session 1 (2hrs) <i>AVP-Indonesia / Nadine Hoover</i>		



9.15pm	CLOSE
<b>Thursday 19<sup>th</sup> January 2012</b>	
8.30am	Delegate Registration & Coffee <i>(please note – workshop meal times will be negotiated)</i>
9.00am – 12.30am	<b>ADVANCED AVP Workshop : ‘Trauma &amp; Healing Workshop’</b> Session 2 (3 hrs)
12.30 – 1.30pm	<b>Lunch</b>
1.30 – 6.30 pm	<b>ADVANCED AVP Workshop: ‘Trauma &amp; Healing Workshop’</b> Session 3 (5 hrs)
6.30 – 7.00pm	<b>Evening Meal</b>
7.00 – 9.00pm	<b>ADVANCED AVP Workshop: ‘Trauma &amp; Healing Workshop’</b> Session 4 (2 hrs)
9.15pm	CLOSE
<b>Friday 20<sup>th</sup> January 2012</b>	
8.30am	Delegate Registration & Coffee <i>(please note – workshop meal times will be negotiated)</i>
9.00am – 12.30am	<b>ADVANCED AVP Workshop: ‘Trauma &amp; Healing Workshop’</b> Session 5 (3 hrs)
12.30 – 1.30pm	<b>Lunch</b>
1.30 – 6.30 pm	<b>ADVANCED AVP Workshop : ‘Trauma &amp; Healing Workshop ’</b> Session 6 (5 hrs)
6.30 – 7.30pm	<b>Evening Meal</b>
7.30 pm	CLOSE of POST REGIONAL Conference PROGRAM
7.30 – 9pm	<b>Trauma Healing Team Debrief</b>
<b>Saturday 21<sup>st</sup> January</b>	
8.00 – 9.00 am	Breakfast
9.00am – 12.00 noon	<b>Trauma Healing Team Debrief</b>
12.00 – 1.00 pm	<b>Lunch</b>
1.00 - 2.00 pm	Clean up
2.00 pm	DEPART



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## Biographies

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**Nadine Hoover** was trained as an AVP facilitator in Attica Prison in 1978. She established workshops in Tallahassee, Florida and in Java and Sumatra, Indonesia. Survivors of war and torture greatly appreciated experiencing trusting community and gaining skills, but the physiology of trauma was still obstructing their abilities to engage peacefully in their lives. Nadine collaborated with war and torture survivors in Aceh, Indonesia as well as trauma specialist Lee Norton and re-evaluation counselling instructor Pamela Haines to design an AVP advanced workshop in trauma healing.

A manual for this workshop was published, but AVP facilitators are encouraged to take the workshop and apprentice on a facilitation team before running the workshop themselves. Nadine has developed training teams for this workshop in Pati, Central Java; Stabat, North Sumatra; western New York, U.S.A.; and Delaware, U.S.A.

The pre-conference workshop at the opening of the AVP International Gathering in Guatemala was facilitated by a joint team of trainers from AVP and Healing and Rebuilding Our Communities (HROC). HROC was developed by AVP facilitators, drawing on a new generation of activities for trauma healing that have emerged since the introduction of magnetic resonance imaging. HROC is an independent program, however, with its own method for training facilitators developed by Africans for the African setting. HROC has follow-up community celebrations, healing companions working in communities and facilitators' training programs. HROC workshops and Healing Companions training are conducted in Eastern Africa by paid facilitators. International HROC workshops were conducted in Africa and beginning in 2011, in the U.S.A.

*The AVP Advanced Trauma Healing workshops developed independently in Central America and Indonesia. Peacebuilding en las Américas (PLA) adapted HROC into an AVP Advanced workshop. Friends Peace Teams to Indonesia developed this AVP Advanced workshop by integrating the new generation of activities for trauma healing with additional memory reprocessing techniques as well as listening companions techniques integrated into the workshop rather than a separate program for trainers, which include explicit practices for accompanying someone working on their own healing.*

Facilitators in Central America are paid, while facilitators in Indonesia, Australia and the U.S. are volunteers. AVP facilitators are asked to take the Trauma Healing workshop before they begin to apprentice on a team. Facilitators learn to do the workshop through extended team-building before, during and after the workshop, not as a separate program, and there is no built-in community follow-up. AVP Advanced Trauma Healing workshops are conducted in Central America, Colombia, Indonesia, Australia and the U.S. *AVP facilitators, Katherine Smith and John Michaelis, from Sydney Australia went to Guatemala in October 2011 to participate in an AVP Advanced workshop on trauma healing. They will join Nadine to be apprentice facilitators workshop of its kind in Australia.*

**Julei Korner** is an AVP facilitator who has facilitated in schools, community and prison workshops. She works with a team of teachers working with behaviour disorders in inner city Sydney schools. They have used both Restorative Practices and AVP/HIP workshops for both students and teachers in their schools for more than 15 years.

**Introduction to ADVANCED Topic Workshop: 'Shame':** This AVP Topic Advanced workshop has come out of the Behaviour Team's exploration of facilitating shame in workshops in their schools. Shame is a subject that hasn't been addressed in AVP workshops. According to research by James Gilligan it is the root of more than 90% of



violent crime and is a major experience of most inmates including the day they were arrested. It is suggested that interested participants look at the Brene Brown YouTube video clips on shame. <http://www.youtube.com/watch?v=qQIFfA7Kf0>